SUPPORT YOUR WELLBEING

FITNESS AND RECREATION
State-of-the-art facilities offer our people* access to fitness centers and classes, and all are eligible for subsidies and reimbursements for participating in fitness and recreational activities, like our many sports teams and clubs.

ONSITE MEDICAL CENTERS
Wellness centers within our own offices provide access to medical professionals who can assess, diagnose and administer care.

MEDITATION AND RESILIENCE
Personalized programs, online tools and guided meditations designed to strengthen personal resilience, increase productivity, and enhance overall wellbeing.

FINANCIAL WELLBEING
Financial resources including 401(k) plans, equity awards, tuition reimbursement, insurance plans and educational tools, as well as resources to support individual and family financial goals.

CRITICAL HEALTH SOLUTIONS
Medical advocacy service that helps our people navigate the healthcare system and ensures that those with serious medical conditions have access to high-quality care. These services are available to our people and their family members.

COUNSELING PROGRAMS
Confidential counseling and referral service to help our people and their loved ones manage life issues.

CARE FOR LOVED ONES

DEPENDENT CARE
Onsite, offsite and in-home back-up and full-time care is available* for both children and adult/elderly family members.

FAMILY PLANNING
Benefits that support families throughout their many stages, including an extensive parenting leave; stipends for adoption, surrogacy, egg retrieval and egg donation; and paid leave to care for family members*.

GIVE BACK TO IMPORTANT CAUSES

ANALYST IMPACT FUND
Analysts work in teams to pitch innovative ideas for non-profits seeking to address some of the world’s most pressing social challenges.

COMMUNITY TEAMWORKS
Our people contribute time, ideas, and expertise to drive tangible progress in local communities – from park revitalizations to tutoring programs.

MATCHING GIFT PROGRAM
The firm matches up to a total of $20,000 or equivalent per person, on a one-to-one basis to eligible institutions and organizations.

BROADEN YOUR PERSPECTIVE

TALKS AT GS
Speaker series that invites thought leaders from a broad range of sectors to share their insights and ideas on relevant topics and trends shaping the future.

GS ACCELERATE
In-house incubator program where our people can submit new business ideas and have the opportunity to utilize the firm’s resources to bring their idea to life.

AFFINITY NETWORKS
Forums which offer support, understanding, education and community-building amongst colleagues.

GOLDMAN SACHS UNIVERSITY
Ranging from eLearning on communicating with impact to live speaker series on understanding our business, the firm offers tailored learning to help our people reach their professional goals.

ENTRANCE TO THE ARTS
Our people and their families receive free or reduced admission to a variety of museums, art events, parks and zoos.

*Benefits and wellness offerings may vary by office.

At Goldman Sachs, we want you to be your best – at the firm and in your life outside it. From competitive compensation packages and family support resources to professional development and community outreach, our offerings are designed to support your personal and professional growth. Take a look at a few of them.